

**SMALL GROUP QUESTIONS – Ephesians 5:15-18**  
*For Our Protection*

**OPEN**

You rarely notice guardrails until you are in an accident where one saves your life. The damage done by hitting a guardrail is minor when compared to what you would have hit had it not been there. *Guardrails*. They're good things.

1. Have you ever been in a car accident involving guardrails or medians?
2. What guardrails have you set up in your life?
3. "Our culture does not promote guardrails. Culture is content with a painted line." Do you agree or disagree? What are some examples from our culture?

**DIG**

4. Read Ephesians 5:15-17. Which phrases from those two verses resonate with you the most?
5. In verse 18, the apostle Paul uses alcohol to illustrate his point about debauchery. What areas of your life do you struggle with "losing control"?

**REFLECT**

6. In which areas of your life have you been dancing on the yellow line? Listen to your conscience. Pay attention to the Holy Spirit. Where do you need to set up some guardrails?
7. What idea or new guidance has God placed in your mind these days? Will you obey?

*Ephesians 5:15-17 Be very careful, then, how you live - not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is.*