

**Small Group Discussion**  
**From The Epic Journey**

**“You Are Never Alone” (Elijah)**

1. Describe a situation when you have had to trust God completely. What kind of thoughts went through your mind? What kind of feelings did you have?
2. Have you ever felt like you trusted God in a situation, and then were disappointed? Where did that disappointment come from? Do you still feel that way?
3. On Sunday morning we looked at 1Kings 17:13-14, read it together as a group, and then take a look at the following questions.
  - (a) How would you feel if you were that widow?
  - (b) It seems like “trust” is the first thing that God asks of us before He performs a miracle. What are the parts of your story that make it hard for you to trust that God will take care of you and never leave you alone?
4. Even Elijah needed some time away to get some perspective on God, a reminder from his Father that he was loved and cared for. Elijah never would have gotten this if he did not retreat to a cave. When was the last time you intentionally took sometime “in a cave?”
5. When you evaluate how you spend your days, would it be true of you that you spend most of your time calling on God, like Elijah did on Mount Carmel, and not enough time listening to God, as Elijah did in the cave?
  - (a) When is a good time of day for you to spend regular time listening to Jesus?
  - (b) Share as a group what your times with God look like. Often we can be blessed with new ideas from other people when we share about our devotional walk.
6. Take some time as a group to share specifically about the things in your lives that you are trusting God with. Everyone is needing to trust in some way, and this is a great opportunity for you to minister to each other in love and prayer.