

Small Group Discussion Questions
Epic Journey - Storms of Life - Mark 4:35-41

1) We discussed three types of “storms” on Sunday that we encounter in life. They were named “situational”, “relational”, and “emotional”. Which of these do you think is most common? In your personal experience, which of these has been most difficult to handle?

2) As we began reading our passage in Mark 4:35 we see Jesus lead the disciples into a boat to cross the lake. During the trip they encounter a massive storm. Have you ever experienced a situation when following Jesus meant you encountered some type of “storm?” What do you think is the significance of Jesus leading his disciples into a situation that he knows will be difficult for them?

3) In Mark 4:39 we see Jesus rebuke the storm that he and his disciples were facing. We see his incredible power even over the elements of nature. Have you ever experienced Jesus’ power in your “storms” of life? How about in other aspects of life?

4) As human beings many of the “storms” we encounter are completely out of our control. This naturally leads to fear and anxiety. What options are available for the disciple of Jesus to deal with these emotions? Have you ever had peace that surpassed all understanding in a hard situation?

5) In a world that is characterized by uncertainty, and in which people need constant medication to deal with feelings of anxiety and fear; What kind of impact do you think we, as disciples of Jesus, could have on the people around us if we trusted in Jesus for all our needs, especially in the “storms” of life?