

What's OK What's Not And What Works

Parenthood is one of the most challenging and rewarding experiences most of us will ever have! But in the middle of busy days, runny noses and carpooling, we sometimes forget to enjoy the journey.

Dr. James Dobson, founder of Focus on the Family, is here with answers, insight and solutions to one of the biggest challenges every parent encounters: **discipline!** When properly applied, loving discipline works. It stimulates tender affection and mutual respect between parent and child. Discipline encourages children to respect others and to live as responsible, constructive citizens. Discipline also enables parents to more effectively pass along their own faith and values to the next generation.

Join us for these six weeks as we view and discuss the Essentials of Discipline. You'll gain the practical understanding and encouragement you need to feel confident in your ability to handle discipline in a positive way.

Topics Week By Week

Tuesdays, 7:00 – 9:00 p.m.

Please note: some weeks, when there is less material to cover, the evenings will be shorter.

Week 1 – April 8th

- Why your child needs discipline
- Irresponsibility vs. Defiance
- Anger vs. Action

Week 2 – April 15th

- Finding balance in discipline
- To spank or not to spank

Week 3 – April 22nd

- Compliant vs. Defiant
- Changing discipline as your child grows

Week 4 – April 29th

- Protecting the spirit

Week 5 – May 6th

- The strong willed Adolescent

Week 6 – May 13th

- The ultimate priority

How To Register

Contact the SunRidge office at 769-7612 to register or email info@sunridge.org

Cost: \$10 person/couple

Childcare: Please provide alternate childcare for your children as we will not have childcare on site.

About SunRidge

SunRidge Community Church has been serving on the Westside since 1997.

Address: 1190 Stevens Road
(Corner of Westlake & Stevens by the bus Exchange)

Tel: 769-7612

Email: info@sunridge.org

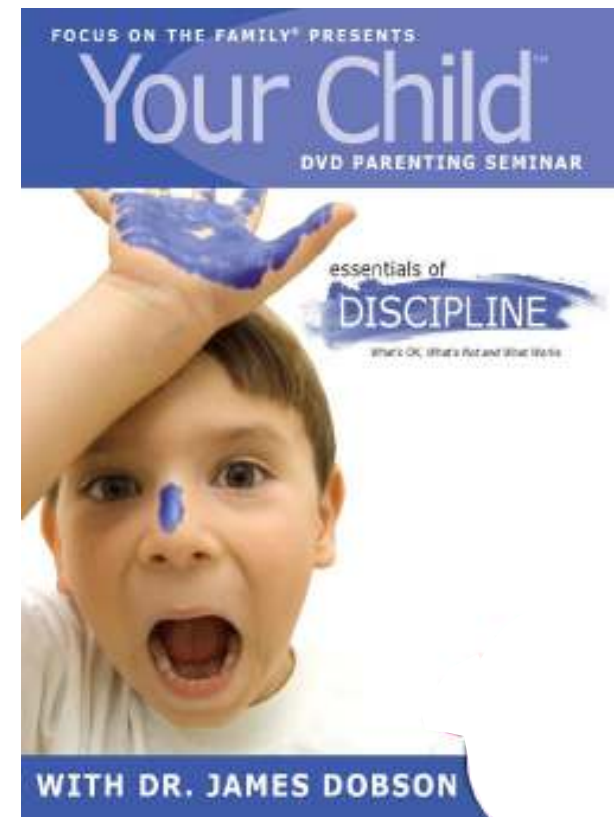
Staff:

Lead Pastor: Michael Klassen
Associate/Worship: Marshall Heppner
Student Ministries: Brian Hawkins
Children's Ministries: Colleen Loewen



For more information and more about who we are visit our website at

www.sunridge.org



Your Child

“Essentials of Discipline”

**6 Week
DVD/Discussion Seminar**

Beginning Tuesday April 8th

At SunRidge Community Church