



## **DISAPPOINTMENT: Consider it Joy Small Group Questions**

1. We all face trials. It's not a matter of if we will face them, but when. How has facing previous trials helped you when you encounter a new one?
2. What are some things that grabbed your attention during Rachael's story? Why?
3. Have you found yourself comparing your problems to other people's? Why do you think we do that? How do you think we can handle our hurt differently?
4. Read James 1:1-3
5. Shawn talked about "Planning our Perspective". If we're to handle disappointment as James describes, what are some ways for us to gain perspective? What would it look like for you to "Choose Joy"?
6. Recap some thoughts from this sermon series - what ideas are going to impact how you walk through your next season of disappointment?